

TRiO Newsletter

August -September 2014

Wallace Community College

Special points of interest:

- FYCE Participants
- Talent Search
 Recruitment
- TRiO on Facebook and Twitter
- What is Altruism?
- Organizational Tips

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to TRiO

Former TRiO Participant Fleet Manager at Boyd



Will Ceasar, Fleet Manager at Boyd Brothers Trucking and former Sparks TRiO participant

Wilson (Will) Ceasar graduated from Wallace Community College Sparks Campus Spring 2013 with a degree in Computer Information Science. While at WCC he was a member of the Student Government Association, Baptist Campus Ministries, and TRiO Student Support Services. He credits the Wallace faculty and staff with equipping him for the workforce.

Immediately after graduation, Will began searching for a job. Lisa Sanders, CIS instructor, informed him of an opening at Boyd Brothers Transportation in Clayton, AL. He was not hired for that position but was asked to interview for another. Today, Will is a fleet manger with Boyd Brothers. His responsibilities include having a

complete and up-to-date knowledge of state and federal transportation regulations, having the ability to accurately load arrival times, and developing and maintaining an accurate record keeping system. Will oversees a fleet of drivers, keeping track of their annual inspections, repairs and maintenance reports. He is required to communicate with the drivers via e-mail, phone, and text.

Will says that he "is thankful to the Wallace family and especially TRiO [Student Support Services] for their dedication, hard work and love for their students in helping us fulfill our wildest dreams and ambitions. To all future students and anyone else who may read this, I hope this inspires you. If there is anything else I could directly say to you, it is [to] put God first in your life. Pray, persevere, endure, break through, and simply fight because it's not always going to be easy. Sometimes it's just going to be downright hard, but push on. 'Therefore I tell you, whatever you ask for in prayer, believe that you have received it, and it will be yours.' — Mark I I:24. I can never say 'thank you' enough to everyone who played a role in my life while attending Wallace, and although this won't suffice... Thank you!"

Will is actively involved at Eufaula First Assembly of God Church, where he is a youth leader and teaches children's church. He has helped found and orchestrate a young adult service entitled <u>Crave</u>.

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2014 First Year College Experience Participants-Dothan



Aaliyah Burks



Kevin Cisneros



Porsha Culver



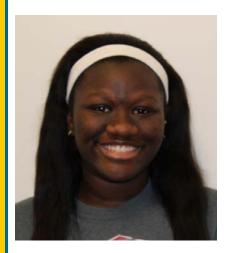
James Grimsley



Natalie Kaufman



Kanique Lawton



Shetavia McCray



Alison Melanson



Mickey Nelson

2014 First Year College Experience Participants-Dothan



Alicia Parsons



Shaquilla Sewell

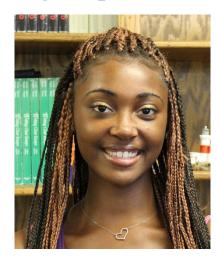


Tykia Simpson

2014 First Year College Experience Participants-Sparks



Lauren Gates



Briauna Gilbert



Damaris Gresham



Qwayasian Howard



Latasha Jackson



Niya Johnson

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2014 First Year College Experience Participants-Sparks



Jaleah Kennedy



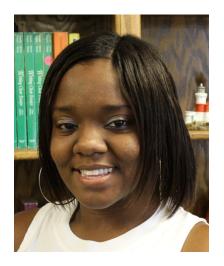
Dyneshia Mencer



Taireek Morris



Torrance Pullom



Natori Tyson



Kentoria Williams

What is Altruism?

In a recent blog Mr. Mickey Baker, Director of TRiO Student Support Services and Upward Bound asked the question "What is Altruism?" Altruism is concern for the welfare of others; selflessness, rather than egoism. He also asked the questions: "Can the altruistic person live a healthy life, be less

depressed, live longer, and have less chronic illness?" He believes the answer is yes and encourages volunteering in the community as an expression of altruism.

Shetavia McCray and Kanique Lawton, 2014 FYCE students, answered the question, "What is Altruism?" this way: "We believe that putting other people's welfare before our own is the key to a happy life. There is more to life than being famous or rich. Being wealthy should bring a sense of fulfillment to one's life. We firmly believe getting involved in the community is the right thing to do. Giving back and seeing how you've touched and changed someone's life is the big reward we look forward to in life."



Talent Search Annual Recruitment

Annual recruitment is underway for Educational Talent Search (ETS). Talent Search is a federally funded TRiO program hosted at Wallace Community College-Sparks Campus in Eufaula, Alabama that prepares low-income and/or first-generation college-bound students for enrollment and success in college.

ETS aims to motivate and assist young people by providing services, which include special topic workshops, summer enrichment, tutoring, financial literacy, cultural and educational field trips, college campus tours and assistance with applications for financial aid and college admission.

ETS is currently recruiting students in Grades 6-10 at Abbeville Elementary, Abbeville High, Barbour County Intermediate, Barbour County Junior High, Barbour County High, Admiral Moorer Middle, Eufaula High and Russell County High School. Certain eligibility requirements apply. For more information, please call 334-687-3543 or 1-800-543-2426, extension 4226.

All services are **FREE**.

Get Connected to TRiO

For Student Support Services follow us: @WCC_TRiOSSS For Upward Bound follow us: @WCC_TRiOUB

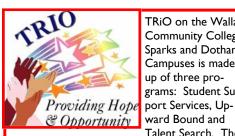








TRiO SSS-Wallace Community College TRiO UB-Wallace Community College



TRiO on the Wallace Community College Sparks and Dothan Campuses is made up of three programs: Student Supward Bound and Talent Search. They

are federally funded programs by the U.S. Department of Education that provide support and opportunity for eligible students-middle school through college. To reach any person on this list, call 983-3521 or 687-3543 and then the extension below:

Student Support Services

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Monchel Hollins Ext. 4204 mhollins@wallace.edu	
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<u>Talent Search</u>	
Tameka Williams Ext. 4280 twilliams@wallace.edu	
Buffae Howard Ext. 4283 bhoward@wallace.edu	

"Create a life that feels good on the inside, not one that just looks good on the outside."

Laurie Greene..... Ext. 4281

Dorothy Hawkins..... Ext. 4226

lgreene@wallace.edu

dhawkins@wallace.edu

—Laura Fraley

Organize, Don't Agonize

A new semester and school year have begun. In order to get the most from each class, we need to be organized and use our time wisely. The following is a list of some habits many people use to stay organized.

Habits of Organized People

- I. Write everything down-Free your mind. Schedule Time for assignments, work, friends and family, etc.
 - 2. Keep flat surfaces clear.
 - 3. Find a place for everything and keep everything in its place.
 - 4. Never leave a room empty handed.

Return items to their place.

5. File-don't pile.

Sort items into specific groups. Never label anything "Miscellaneous".

6. Purge and de-clutter oftenone new thing in, one old thing out.

Separate emotions from possessions. Keep only what is useful, beautiful, and/or meaningful.

- 7. Make a plan.
- 8. Stick with what works.

Don't obsessively seek "the best" thing or way.

9. Reward yourself.

Don't think that organized = perfect. Perfect uses too much time and energy. Organized means you have control over your life so you can live each day to the fullest

"It's not the will to win that matters-everyone has that. It's the will to prepare to win that matters." —Coach Paul "Bear" Bryant