Financial Literacy

Credit and Debt

- Find advice and help with credit cards and credit scores, as well as what to do when faced with debt problems.
- Credit Cards: Find out your rights when it comes to credit cards and how to choose the right one.
- Credit Issues: Learn about common credit issues.
- <u>Credit Reports and Scores: Find out how to get your credit report,</u> <u>make corrections, and more.</u>
- **Dealing with Debt:** Learn about common debt problems, including filing for bankruptcy.

Spending, Saving and Investing

- Find tips on handling money wisely and confidently, whether you are spending it now or investing for the future.
- **Before You Shop:** Before you make a purchase, do your research, and know your rights.
- **Buying and Fixing Cars:** Find out about buying cars and what to do if you have a problem with your car.
- **Donating to Charity:** Before donating to a charity or non-profit organization, make sure to do your research.
- Mortgages: Learn some of the basics about mortgages.
- **Retirement:** Learn some of the basics about retirement and pension benefits.
- Saving and Investment Options: Learn how to create a budget and get the basics on investing, including savings bonds and other Treasury securities backed by the federal government.

Help with Bills

- Learn about government programs to help pay for phone bills, medical bills, and other expenses. You can also learn how to apply for temporary assistance.
- Get Help Paying for Telephone Service
- <u>Get Help with Your Home Energy Bill</u>
- Help with Medical Bills
- Help with Prescription Drug Costs
- <u>Welfare or Temporary Assistance for Needy Families (TANF)</u>

Food Assistance

- Find out how to get food in case of an emergency, apply for food stamps and what free or low-cost food programs are available for infants, children and seniors.
- Immediate Food Assistance
- Food Stamps (SNAP Food Benefits)
- Learn About the WIC Program for Women and Infants
- Learn About Free Food Programs for School-Age Children
- Learn About Free Food Programs for Seniors
- D-SNAP Helps With Food Costs After a Disaster

Retirement

Get the basics on retirement planning and pension benefits, such as how Social Security works, retiring from the civil service, and managing a private pension.

- Infographic: Common Options to Save for Retirement
- Video: Determining a Target Retirement Saving Rate
- Social Security and How It Works
- Protecting Your Private Pension Benefits
- <u>Civil Service Retirement</u>
- <u>Saving for Retirement</u>